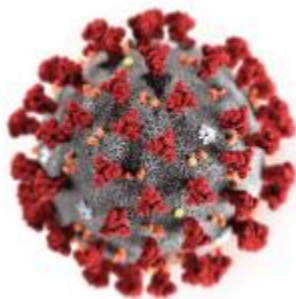




## COVID-19 WORK-PLACE SAFETY PREPAREDNESS AND RESPONSE PLAN

Revised on March 23, 2020

The COVID-19 pandemic is a paramount cause for concern. This policy is to protect people by following The Centers for Disease Control and Prevention (CDC), American with Disabilities Act (ADA), Environmental Protection Agency (EPA), Alaska Occupational Safety and Health (AKOSH), and the Alaska Department of Health and Social Services (DHSS) Guidelines.



This illustration, created at the Centers for Disease Control and Prevention (CDC), reveals ultrastructural morphology exhibited by the 2019 Novel Coronavirus (2019-nCoV). Note the spikes that adorn the outer surface of the virus, which impart the look of a corona surrounding the virion, when viewed electron microscopically. This virus was identified as the cause of an outbreak of respiratory illness first detected in Wuhan, China.

*Photo: CDC / Alissa Eckert & Dan Higgins*

All Cadence General employees, subcontractors, vendors and customers shall practice social distancing, by not working within 6 feet of others. If employees or subcontractors feel sick, they shall stay home. Employees and subcontractors are to stay home until they are free of a fever for 72 hours without the use of fever reducing drugs such as Tylenol and Ibuprofen. Cadence employees who stay home shall contact their supervisors through text or phone call to let supervisors know, prior to the beginning of the shift. Employees who miss workdays due to illness do not need to provide a doctors' note to return to work. Subcontractors shall contact the Cadence General Project Superintendent to let them know they will not be able to work. Subcontractor's who are sick is an excusable delay for scheduling purposes and will not be charged liquidated damages.

If, during the work day persons appear to have respiratory illness symptoms (i.e. cough, sniffles, shortness of breath) shall be separated from other employees and sent home immediately.

If an employee is confirmed to have COVID-19, Cadence will notify coworkers and subcontractors about their possible exposure. At the same time Cadence General, under the American with Disabilities Act, will maintain the employee's confidentiality

and any medical information. Risk assessment's will be conducted to assess others exposure levels. Employees who have a confirmed case of the virus may only return to work after release from the medical provider and no exposure to someone exhibiting symptoms as defined by the CDC.

When completing tenant improvement construction work in occupied buildings. Cadence General will follow the stricter of either the owner's plan or this plan.

It is important to practice "social distancing" while on project sites. Workers are encouraged to not work within six feet of other workers. COVID-19 mainly travels person to person when a person coughs or sneezes, through airborne particles, it can also travel through touching items, so frequent handwashing and sanitizing is important. If two people have to work closely together for a short period of time, there shall be a short, documented tool box safety meeting prior to the task discussing the associated hazards, reviewing the JHA, to discuss if there is a way that the task could be completed without working close together. Either worker, at their own discretion, may choose to not take part in the aforementioned task(s), and shall be protected from any retaliation.

Engineering controls include increasing ventilation rates in the work environment where applicable. Hand sanitizer will be provided on construction sites, in addition to the hand sanitizer in the port-a-johns. Workers will have access to latex, or nitrile rubber gloves, and work gloves. Safety glasses are supplied and safety goggles will be made available when requested. N95 respirators will be available, but, at this time Cadence General does not condone wearing N95 respirators for those who do not have COVID-19. Wearing a respirator can actually be detrimental, because wearing a dust mask promotes the wearer to touch their face more often than normally.

All workers who have travelled shall self-quarantine for 14 days prior to coming to a jobsite to work. All workers shall daily read and sign in prior to working at critical infrastructure project sites. See attached sign in sheet (sign in sheet may be updated without a revision to this plan.)

When using cleaning solutions Cadence shall follow CDC guidelines using 1/3 cup of liquid bleach per gallon of water. Surfaces should be cleaned prior to disinfecting.

Cadence General's Employees and Subcontractors are allowed to stop any job process to ensure that the work area is safe and clean for them to complete work. Workers are encouraged to ask questions, contact your project manager, Cadence Safety, and follow up with the CDC at [www.cdc.gov/coronavirus/2019-ncov](http://www.cdc.gov/coronavirus/2019-ncov) as we learn more to stop the spread of the Coronavirus.

# cadence

GENERAL CONTRACTORS

## CAUTION: PLEASE READ AND SIGN PRIOR TO ENTERING JOBSITE

Cadence General is committed to the Health & Safety of the personnel on our jobsites. In an effort to mitigate potential exposure to the COVID-19 Virus, all personnel on-site please verify the following:

1. I have not tested positive for COVID-19
2. I have not traveled outside of the State of Alaska in the last 14 days
3. I am not exhibiting and/or having symptoms of COVID-19
4. I have not to my knowledge, been exposed to a person who exhibits symptoms of COVID-19
5. I will practice increased levels of hygiene and cleanliness including frequent hand washing for at least 20 seconds, trying to stay six feet away from others, keeping jobsite clean, and monitoring myself for any sign of COVID-19 symptoms

JOB \_\_\_\_\_ SUPERINTENDENT \_\_\_\_\_ DATE \_\_\_\_\_

NAME (PRINT)


**\*Please scan and send copy of sheet daily to Project Manger**

